

MESSAGE FROM THE NATIONAL CHAIRMAN

Life as we know it has changed drastically due to the ongoing threat from COVID-19 and the Government has told us what is necessary to reduce the threat to our NHS. I am confident that we will all follow these directives to slow down the spread of this virus. Many of our members fall into the at risk categories either through age or ill health so we all need to be especially rigorous in following the instructions to protect ourselves and our families.

I know that all members of the Association will miss their regular get togethers which keep us in touch with friends and former colleagues but we will just have to keep in contact by telephone or using social media platforms including our own ROCA website. If you know members who live on their own give them a ring to find out how they are managing. A simple phone call could mean so much to someone living on their own.

I am confident that the spirit of the Corps will still burn brightly despite this health crisis and we must all play our part in battling this Corona Virus. We will get through these dark times no matter how long it takes .

Finally I wish to send all of you and your families my very best wishes. Keep safe and well and together we will beat this menace.

God bless you and all your loved ones.

John Sharpe